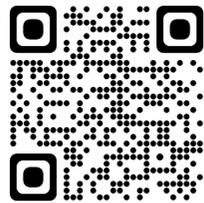


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JOURNAL PROMPTS

WHAT IS ONE SIGNIFICANT CHANGE OR TRANSFORMATION YOU'VE EXPERIENCED IN YOUR LIFE RECENTLY?

HOW DO YOU FEEL ABOUT THE PATH YOU'VE TAKEN SO FAR?

WHAT NEW DIRECTION OR BEGINNING ARE YOU HOPING TO EXPLORE NEXT?

REFLECTION

HOW DID THE BUTTERFLY MAP PROCESS CONNECT WITH YOUR LIFE'S CHANGES AND FUTURE PLANS?
